

THE BIG SQUEEZE

FRESHLY SQUEEZED FRUIT & VEGGIE JUICES 
GOLDEN SUN | SWEET BEETS | GREEN GODDESS

42

SMOOTH OPERATORS

CHOCOLATE PB & J 60

Cocoa powder, banana, peanut butter, avo, almond milk & strawberry compote

BERRY SWINGER 60

Pineapple, banana, orange, mixed berries & yoghurt

GREEN MACHINE 60

Avo, apple, baby spinach, parsley & almond milk

FRESH FRUIT & GRAINS

FRUIT BOWL 60

Fresh mixed seasonal fruits, orange-mint dressing

GRANOLA YOGHURT 69

Our homemade granola, cranberries, double thick yoghurt, mixed berries & honey

APPLE & CINNAMON HOT OATS 60

Hot rolled oats, caramelised apple & cinnamon, pecan nuts & crumble

EGGS BEN-ADDICTS

SERVED ON A TOASTED ENGLISH MUFFIN

STUD MUFFIN 100

Pork patty, streaky bacon, caramelised onions, cheddar cheese, poached eggs & sriracha hollandaise

SHROOM BENNIE 95

Field mushrooms, halloumi, herby cream cheese, poached eggs & hollandaise

SALMON ROYALE 100

Smoked salmon, sautéed spinach, poached eggs & hollandaise

BREAKFAST SWEETS

CHOOSE BETWEEN BELGIUM WAFFLES, FLAPJACKS OR FRENCH TOAST

HONEYCOMB 90

Mascarpone, fresh cream, berries, warm maple syrup & chocolate drizzle

MAPLE BACON 90

Crispy streaky bacon, fried egg, warm maple syrup & salted butter

NUTELLA HAZELNUT 90

Fresh cream, toasted coconut flakes & fresh banana

ON TOAST

SOURDOUGH, HEALTH OR RYE

AVO SMASH 80

Herby cream cheese, smashed avo, radish & cherry tomato salsa served on your choice of bread

ADD: SMOKED SALMON 40 | BACON 33 | HALLOUMI 29

FIELD MUSHROOM 80

White bean hummus, pan seared field mushrooms, baby spinach, thyme & olive oil served on your choice of bread

STREAKY BACON 90

Streaky bacon, grilled halloumi, rocket, creamy mushrooms, red onion marmalade & sriracha mayo served on your choice of bread

SMOKED SALMON TOSTADAS 100

Chive & fish roe cream cheese, smoked salmon, avo, tomato salsa served on 2 fried corn tostadas

Breakfast served daily from 07h00 - 11h30

Please notify your waitron if you have any allergies or dietary restrictions |  = PLANT BASED | We cook in a kitchen that contains traces of nuts.